

VOLUNTEER SPOTLIGHT

Judy Stavisky

“Volunteering with Caring for Friends is powerful and it has a very big impact -- something that’s a direct line to making someone’s life a little easier.”

Over 20 years ago, Judy read about Caring for Friends, and thought it was such a terrific idea that she started donating to us. She worked on a national initiative on food security, so she was thrilled to find a nonprofit close to home connecting people with food resources.

In 2020, Judy began cooking and delivering meals to two seniors: One who is socially isolated and relies on CFF to provide nutritious meals every day.

The other cares full-time for a spouse with a chronic illness, and they don’t have a car; the meals supplement what they have and provide a bit of relief for the caretaker.

“They love that the homemade meals are consistent and delivered by someone who cares about them -- plus they’re very good.

Caring for Friends offers a gift of a delicious meal and the kindness of a friend.”

Thank you, Judy, for the food and friendship you provide to homebound neighbors!

**Sign up to help neighbors facing hunger
www.caringforfriends.org/volunteer/**

