



# HELP MAKE CARING NOTES

If you are looking for a way to spread kindness and positivity, you can help Caring for Friends by developing “caring notes” for our snack bags, which are filled with nutritious non-perishable items and handwritten personal notes for isolated, homebound, hungry people in the Philadelphia area. This activity is simple, but very meaningful and can be done from your very own home at any time that’s convenient for you and your family.



All you need is a stack of white or brightly colored note cards and some markers or colored pens, and it’s a great family project for adults and kids of any age – Kids who aren’t able to write notes yet can draw pictures or put stickers on the cards, and adults can write the notes.

## IF YOU’D LIKE TO HELP, HERE’S WHAT TO DO:

**1** Purchase/make/find a stack of note cards (either white or brightly-colored) approximately 4” x 6” in size – available online from various companies.

**2** Create your note cards and sign them with your first name (or anyone’s first name for that matter) to make it more personal.

**3** Mail your completed note cards to Caring for Friends, 12271 Townsend Rd, Philadelphia, PA 19154



## SUGGESTIONS FOR YOUR CARDS

Write clearly with larger-sized print, as some clients may have poor eyesight. Use colors if possible (colored pencil, crayons, markers, stickers) and/or include a smiley face, heart or other picture. Keep it simple. Do not make religious, political or controversial references, since they may conflict with the recipient’s beliefs.