



## **Food Preparation & Service Summer Internship 2020**

### About the Organization

**Caring for Friends provides food and friendship to homebound seniors, disabled, homeless, families and children in need.**

Caring for Friends is a hunger relief charity with the goal of dramatically accelerating its growth in 2020 to serve meals to thousands more seniors, families across the five-county region of Philadelphia. Interns are an integral part of this strategy. We need fresh ideas and energy to help more people. We aim to give interns a full overview of how to run a nonprofit in the human services space, interns will shadow executives, learn to rescue food in our warehouse and prepare and stage food in our professional kitchen.

Internships are generally part or full-time (between the hours of 9:00 am-1:00 pm) and located at our warehouse and office at 12271 Townsend Road, Philadelphia, PA.

What you will learn/do about food rescue and preparation:

- Food rescue and sorting in warehouse
- Nutrition and food safety
- Bulk and individual food preparation, cleaning, chopping, peeling, measuring, cooking, baking, how to make meals that freeze and reheat well
- Join team projects as needed, such as inventory work and volunteer event support

We are looking for candidates with:

- Basic Kitchen skills
- Basic Food Safety skills
- Positive attitude and willingness to learn in a fast paced, quality driven environment
- Ability to connect with our Volunteers/Guests
- Ability to work clean and maintain a clean workspace
- Communicate with Team Members, Management and Volunteers/Guests in a positive manner

**All food prepared in our Caring for Friends kitchen is donated to families and children in need across the five counties of Philadelphia.**

If interested, please send your resume and e-mail stating why you are interested in interning with Caring for Friends to Jeannette Fournier at [jfournier@caringforfriends.org](mailto:jfournier@caringforfriends.org).